

★ SMART SNACKS ★

POCKET GUIDE FOR TEACHERS

★ WHAT IS SMART SNACKS?

Smart Snacks includes federally mandated regulations that coincide with the District Wellness Policy to regulate all foods and beverages served or sold during the school day.

School Day = From midnight before through 30 minutes after school.

★ HOW WILL THESE REGULATIONS AFFECT TEACHERS?

Smart Snacks regulations apply to all foods and beverages served in classrooms and, therefore, teachers will be responsible for ensuring that these items are compliant.

★ WHERE CAN I LEARN MORE ABOUT SMART SNACKS?

Detailed information about Smart Snacks is located on the Child Nutrition Services website at www.smusd.org/cns.

★ WHERE CAN I FIND OUT MORE ABOUT NON★FOOD CLASSROOM CELEBRATIONS?

The following resources offer information regarding healthy school celebrations:

- Wellness Policy brochure & CNS website
- Action for Healthy Kids
- United States Department of Agriculture
- California Project LEAN